



# Two Choice menu

Week one

## Monday

Salmon fillet in tomato and broccoli pasta sauce served with garlic bread

Jacket potato with tuna, cheese or beans served with salad selection

Fruit / Yoghurt

Contains: Fish, Cereals containing gluten, milk, soya, mustard, eggs

## Tuesday

Chicken Korma curry served with wholegrain rice and naan

Ham, cheese, tuna or egg filled sandwich / barm / wrap with salad selection

Pancake with selection of berries and ice cream

Contains: Cereals containing gluten, milk, fish, eggs, soya, mustard

## Wednesday

Sausage, scrambled egg, hash brown, mushrooms, beans served with wholemeal toast/barm

Jacket potato with tuna, cheese or beans served with salad selection

Fruit / Yoghurt

Contains: Eggs, milk, cereals containing gluten, sulphur dioxide & sulphites, soya, fish, mustard

## Thursday

Farm Assured roast chicken, roast potatoes, gravy and seasonal vegetables

Ham, cheese, tuna or egg filled sandwich / barm / wrap with salad selection

Fruit / Yoghurt

Contains: Cereals containing gluten, eggs, milk, fish, soya, mustard

## Friday

Harry Ramsdens fish fillet, chips beans or peas

Jacket potato with tuna, cheese or beans served with salad selection

Brownie

Contains: Fish, cereals containing gluten, mustard, milk, eggs, soya

Week two

## Monday

Chicken Wrap with oven cooked wedges

Jacket potato with tuna, cheese or beans served with salad selection

Fruit / Yoghurt

Contains: Milk, eggs, soy, cereals containing gluten, fish, mustard

## Tuesday

Meatballs in tomato sauce served with pasta & garlic bread

Ham, cheese, tuna or egg filled sandwich / barm / wrap with salad selection

Flapjack

Contains: Cereals containing gluten, milk, egg, sulphur dioxide, fish, soya, mustard

## Wednesday

Chicken Tikka curry, wholegrain rice served with naan bread

Jacket potato with tuna, cheese or beans served with salad selection

Fruit / Yoghurt

Contains: Milk, cereals containing gluten, fish, mustard, eggs

## Thursday

Farm Assured Beef, mash, gravy and seasonal vegetables

Ham, cheese, tuna or egg filled sandwich / barm / wrap with salad selection

Fruit / Yoghurt

Contains: Cereals containing gluten, eggs, milk, fish, soya, mustard

## Friday

Fish Fingers, chips, beans or peas

Jacket potato with tuna, cheese or beans served with salad selection

Muffin

Contains: Fish, cereals containing gluten, mustard, milk, eggs, soya

Week three

## Monday

Beef Burger in a bun served with oven cooked wedges and salad

Jacket potato with tuna, cheese or beans served with salad selection

Fruit / Yoghurt

Contains: Sulphur dioxide & sulphites, milk, fish, mustard, eggs

## Tuesday

Freshly prepared spaghetti bolognese served with garlic bread and salad selection

Ham, cheese, tuna or egg filled sandwich / barm / wrap with salad selection

Cookie

Contains: Cereals containing gluten, milk, fish, eggs, soya, mustard

## Wednesday

Ham & Cheese panini served with nachos and salad

Jacket potato with tuna, cheese or beans served with salad selection

Fruit / Yoghurt

Contains: Milk, eggs, cereals containing gluten, fish, mustard

## Thursday

Roast Chicken served with roast potatoes, gravy and seasonal vegetables

Ham, cheese, tuna or egg filled sandwich / barm / wrap with salad selection

Fruit / Yoghurt

Contains: Cereals containing gluten, eggs, milk, fish, soya, mustard

## Friday

Harry Ramsdens Fish fillet served with chips and beans or peas

Jacket potato with tuna, cheese or beans served with salad selection

Ice cream pot

Contains: Cereals containing gluten, fish, mustard, milk, eggs

Available daily: Water, milk and fruit juice.

Many of the options available can be adapted to suit various diets, should your child have any dietary needs please contact your school and our Kitchen Team will be happy to accommodate. denotes vegetarian option or vegetarian version available.



### April 2026

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

### May 2026

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

### June 2026

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

### July 2026

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

### September 2026

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

### October 2026

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Week One Week Two Week Three